The 1st National Conference of Children’s Palliative Care Malaysia 2020
Supporting from the beginning
25th to 27th June 2020

Co-organized by:
Dear Friends and Colleagues,

Welcome to the First National Conference of Paediatric Palliative Care Malaysia (NCCPCM) 2020!

This conference is organised by the Malaysian Association of Paediatric Palliative Care (MAPPAC) in collaboration with the Ministry of Health, Malaysia.

It is the first national conference on Paediatric Palliative Care in Malaysia. This conference aims to promote a correct understanding of the Paediatric Palliative Care concept. We hope that it will provide broad learning opportunities for various parties interested in palliative care for children – ranging from practical knowledge, attitude and skills on essential symptoms management to psychosocial support.

The conference theme: “Supporting from the beginning”, is to remind all of us that palliative care support starts from diagnosis of life limiting disease for the children and their families. This support should extend from communication needs, symptom management, end of life care until death and bereavement support for family members.

The programme has been carefully planned to incorporate sharing from local and international experts in children’s palliative care, voices from volunteers and caregivers, as well as various categories of healthcare professionals. We aim to provide a balanced view of interprofessional collaborative practice in optimising the quality of life for children with life-limiting illnesses.

I want to take this opportunity to extend my gratitude to the conference organising committee and the Ministry of Health members who have been working tirelessly in ensuring the success of this conference. I also hope that the event will be memorable and enrich your current practice.

I look forward to meeting all of you personally at the First National Conference of Paediatric Palliative Care Malaysia 2020. We welcome you to join the Gala Dinner on the second day of the conference as we build networks with one another.

Yours sincerely,
Dr. Lee Chee Chan
Organizing Chairman
NCCPCM 2020
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<th>Time</th>
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<tr>
<td>0745</td>
<td>Registration</td>
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| 0830-0915 | Plenary 1  
Paediatric Palliative Care Milestones in Malaysia: An Overview - Datuk Dr Kuan Geok Lan |
| 0915-1000 | Plenary 2  
Malaysian National Palliative Care Strategy - Dr Richard Lim Boon Leong |
| 1000-1030 | Tea break                                                             |
| 1030-1130 | Speech by Main Conference Sponsor  
Welcome address by Organizing Chairperson, Dr Lee Chee Chan, MAPPAC & MOH Malaysia  
Keynote address by YB Datuk Seri Dr Dzulkefly Ahmad, Minister of Health, Malaysia  
Opening Ceremony & Launching of National Handbook on Children’s Palliative Care  
Press conference |
| 1130-1230 | Plenary 3  
2-step vs 3-step WHO Pain Ladder: Which one is better? - Dr Rever Chak-Ho Li |
| 1230-1300 | Poster viewing                                                        |
| 1300-1400 | Lunch symposium                                                      |
| 1400-1425 | Symposium 1A  
Recognising the need for palliative care at diagnosis  
Chairperson: Dr Ch’ng Gaik Siew |
| 1425-1450 | Symposium 1B  
Pain management in children  
Chairperson: Dr Tan Chai Eng |
| 1450-1515 | Symposium 1C  
Non-pharmacological management for pain  
Chairperson: Dr Ng Su Fang |
| 1400-1425 | Identifying paediatric palliative care needs  
Dr Lim Voon Lee |
| 1425-1450 | Assessment of pain in children  
Dr Sitti Sulhoon Mohamed |
| 1450-1515 | Music therapy for pain management  
Ms Lim Kar Gee |
| 1425-1450 | Prognostication for children with life-limiting conditions  
Dr Chong Poh Heng |
| 1450-1515 | The art of using opioids in palliative care  
Dr Fahisham Taib |
| 1515-1520 | Hypnotherapy for pain management  
Mr Brandon Ho |
| 1520-1550 | Symposium 2A  
Voices of doctors and medical professionals  
Chairperson: Dr Teoh Yen Lin |
| 1550-1615 | Symposium 2B  
Voices of volunteers in children’s palliative care  
Chairperson: Ms Ee Su Im |
| 1615-1640 | Symposium 2C  
Voices of patients and caregivers  
Chairperson: Ms June Thow |
| 1550-1615 | How I started PPC service in my hospital  
Dr Fahisham Taib |
| 1615-1640 | Active listening skills  
Dr Loh Ee Chin |
| 1640-1705 | Parents of children with spinal muscular atrophy  
Ms Yap Sook Yee |
| 1615-1640 | My journey in community palliative care  
Ms Elaine Teo |
| 1640-1705 | Experiences of volunteering in the hospital  
Ms Esther Leong |
| 1705-1730 | Parents of children with cancer  
Dr Shukri Mohamed |
| 1705-1710 | Educating future healthcare professionals about PPC  
Dr Tan Chai Eng |
| 1730-1745 | Volunteering at patients’ homes  
Ms Pat Chin |
| 1705-1730 | Patient with post-infective bronchiolitis obliterans  
Muhammad Ashnawi Azmi |
| 1705-1710 | Experiences of advocacy and fundraising for PPC  
Ms Jasmine Teo |
<p>| 1730-1745 | Q&amp;A |
| 1705-1710 | Q&amp;A |</p>
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<td>0745</td>
<td>Meet the experts&lt;br&gt;Dr Chong Poh Heng (PPC and home care)&lt;br&gt;Ms Queenie Luk (Psychosocial care)&lt;br&gt;Dr Rever Chak Ho Li (Symptom management)</td>
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<td>0830</td>
<td>Plenary 4&lt;br&gt;Resources and funding for paediatric palliative care service - Dr Chong Poh Heng</td>
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<td>0915</td>
<td>Plenary 5&lt;br&gt;Challenges and solutions for children with PPC needs from underserved communities – Ms Queenie Luk</td>
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<td>Tea break</td>
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<td>1020</td>
<td>Symposium 3A&lt;br&gt;Symptom management in specific situations&lt;br&gt;Chairperson: Datuk Dr Kuan Geok Lan</td>
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<td>1020</td>
<td>Symposium 3B&lt;br&gt;Transition care&lt;br&gt;Chairperson: Dr Sitti Sulhoon Mohamed</td>
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<td>1020</td>
<td>Symposium 3C&lt;br&gt;Family integrity&lt;br&gt;Chairperson: Dr Lim Voon Lee</td>
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<td>1045</td>
<td>Care for children with severe neurological impairment&lt;br&gt;Dr Khoo Teik Beng</td>
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<td>Transition from child to adult services&lt;br&gt;Dr Aaron Hiew Wi Han</td>
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<td>1045</td>
<td>Siblings – Never leave me out&lt;br&gt;Dr Yang Wai Wai</td>
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<td>1045</td>
<td>Managing symptoms of children with cancer&lt;br&gt;Dr Rever Li</td>
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<td>Transition from hospital to home&lt;br&gt;Dr Teoh Yen Lin</td>
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<td>Family therapy – when different caregivers have different opinions&lt;br&gt;Dr Ng Wai Sheng</td>
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<td>1100</td>
<td>Managing symptoms for children with renal failure&lt;br&gt;Dr Susan Pee</td>
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<td>Home extubation – preparation, challenges and practicality&lt;br&gt;Dr Ng Su Fang</td>
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<td>1100</td>
<td>Challenges and coping mechanism for caregivers of children with metabolic and genetic disorders&lt;br&gt;Dr Ch’ng Gaik Siew</td>
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<td>1135</td>
<td>Q&amp;A</td>
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<td>Ethical Issues Debate&lt;br&gt;Chair: Dr Tan Ru Wei</td>
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<td>1140</td>
<td>Oral Presentation&lt;br&gt;Chair: Dr Felicia Chang</td>
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<td>Lunch symposium / Poster judging</td>
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<td>Friday prayers / Poster judging</td>
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<td>1345</td>
<td>Symposium 4A&lt;br&gt;Communication skills in PPC&lt;br&gt;Chairperson: Dr Fahisham Taib</td>
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<td>1345</td>
<td>Symposium 4B&lt;br&gt;Expressive therapy in PPC&lt;br&gt;Chairperson: Dr Yang Wai Wai</td>
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<td>1345</td>
<td>Activity Room</td>
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<td>1400</td>
<td>Advance care plan and goals of care&lt;br&gt;Dr Lee Chee Chan</td>
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<td>1400</td>
<td>Communication through art&lt;br&gt;Mr Raymous Wong Choon Yong</td>
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<td>1400</td>
<td>Creative drama intervention&lt;br&gt;Dr Sujatha Doraimanickam</td>
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<td>1455</td>
<td>Supporting parents after breaking bad news&lt;br&gt;Ms Serene Wong</td>
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<td>1455</td>
<td>Communication through play therapy&lt;br&gt;Mr Chris Ng</td>
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<td>1500</td>
<td>Talking to children about death and dying&lt;br&gt;Ms Serene Wong</td>
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<td>Communication through music&lt;br&gt;Ms Joanne Lau</td>
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<tr>
<td>1500</td>
<td>Occupational therapy&lt;br&gt;Physiotherapy&lt;br&gt;Art therapy&lt;br&gt;Music therapy&lt;br&gt;Play therapy</td>
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<tr>
<td>1610</td>
<td>Tea break, poster viewing</td>
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<td>1930</td>
<td>Gala dinner</td>
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Do join us for the NCCPCM 2020 Gala dinner

26th June 2020

SWISS-GARDEN

Launching of the National Handbook of Children’s Palliative Care Malaysia

by

Minister of Health

YB Datuk Seri Dr Dzulkefly Ahmad

This handbook is written to guide healthcare workers on practical management of children’s palliative care to meet the needs for PPC management in the hospital and community.
Conference Speakers
Plenary speakers

Datuk Dr Kuan Geok Lan
Clinical Associate Professor,
Dept of Paediatrics,
International Medical
University (IMU),
Malaysia

Dr Rever Chak-Ho Li
Consultant Paediatrician,
Dept of Paediatrics and
Adolescent Medicine,
Tuen Mun Hospital,
Hong Kong

Dr Richard Lim Boon Leong
Head of Department of
Palliative Medicine,
Hospital Selayang,
Ministry of Health (MOH),
Malaysia.

Dr Chong Poh Heng
Medical Director,
HCA Hospice Care,
Singapore

Ms Queenie Luk
Assistant Professional
Services Manager,
Children’s Palliative Care
Foundation,
Hong Kong

Ms Serene Wong
Palliative Nurse,
HCA Hospice Care,
Singapore

Dr Chong Lee Ai
Consultant of Pain and
Palliative Care Unit,
Dept of Paediatrics
Universiti Malaya (UM),
Malaysia

Ms Lim Kar Gee
Music Therapist
Malaysian Music Therapy
Association

Dr Lim Voon Lee
Paediatrician
Hospital Pulau
Pinang, MOH

Mr Brandon Ho
Certified hypnotherapist
Association of
Hypnotherapy
Practitioners Malaysia

Ms Lim Kar Gee
Music Therapist
Malaysian Music Therapy
Association

Ms Pat Chin
Volunteer – Home
Companion
MAPPAC

Dr Lee Chee Chan
Paediatric Palliative
Paediatrician,
WCHKL, MOH

Ms Jasmine Teo
Volunteer – Fundraising
MAPPAC

Dr Sitti Sulhoon
Mohamed
Paediatrician,
WCHKL, MOH

Ms Esther Leong
Volunteer
Childhood Cancer
Caring Society of KL
(CARES) Malaysia

Dr Loh Ee Chin
Consultant palliative physician
Dept of Medicine
Universiti Malaya (UM),
Malaysia

Assoc Prof Dr Zubaidah
Jamil
Clinical Psychologist
CUCMS, Malaysia

Ms Yap Sook Yee
Co-founder
WeCare Journey

Dr Fahisham Taib
Paediatric Palliative
Paediatrician
Dept of Paediatrics
Universiti Sains Malaysia
Local and international speakers, including various healthcare professionals who contribute to comprehensive management approach for children with palliative care needs.

Learn about, learn with and learn from each other!
Submissions on paediatric palliative care (from general to specialist palliative care) are welcome on any of the following themes:

- Paediatric palliative care services in hospital
- Pain and symptom management, including non-pharmacological therapies
- Psychosocial and spiritual care, including grief and bereavement
- Improving awareness among healthcare professionals and caregivers about supportive care for children
- Transitional care from hospital to home
- Community paediatric palliative care service
- Quality of life of caregivers and children with palliative care needs
- Ethical issues in managing children requiring supportive care

Audits of current services and case reports with learning value(s) pertaining to children’s palliative care are welcome.

The abstracts should be original and have not been presented in other conferences or published in another journal before.

The best abstracts will be selected for oral presentation. Successful authors of abstracts will be notified by email by April 2020. The format for poster or oral presentation will be informed in April 2020. There will be prizes for the best paper for oral presentation and posters.

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<th>1st prize</th>
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<tr>
<td>Oral presentation</td>
<td>RM800</td>
<td>RM500</td>
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<tr>
<td>Poster presentation</td>
<td>RM500</td>
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Closing date for abstract submission
1st March 2020

Research on children’s palliative care is still greatly needed to further develop new knowledge and identify new strategies that are suitable for the local and regional context. We would like to welcome submission for free paper presentation in NCCPCM 2020.

Further details are available at the conference website http://nccpcm2020.com/

Submit your abstracts online
## Participant category

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<td>Medical Officers</td>
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<td>Allied health professionals</td>
<td>RM350</td>
<td>RM400</td>
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<tr>
<td>Volunteers / caregivers / undergraduate students</td>
<td>RM250</td>
<td>RM300</td>
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<td>International participants</td>
<td>USD150</td>
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**Special rate for MAPPAC members.. Discount RM50 for early bird registration only!**

**Sign up now!** [www.mappac.org](http://www.mappac.org)

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**Bursaries / scholarships open for application**

Bursaries / scholarships for partial / full registration fees are available for application. Those interested are required to write in to [nccpcm2020@gmail.com](mailto:nccpcm2020@gmail.com) to apply, with the following:

- topic of the abstract(s) submitted for **free paper presentation** (oral presentation / poster presentation)
- a short essay of **not more than 500 words** on why they should be awarded the bursary / scholarship.

Due date for application is on **1st May 2020**.

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Visit our conference website for more details

http://www.nccpcm2020.com

Contact us at:
016- 223 1357 (Pat Chin, MAPPAC)
Email: nccpcm2020@gmail.com