The 1st National Conference of Children’s Palliative Care Malaysia 2020
Supporting from the beginning
25th to 27th June 2020

Co-organized by:
Welcome address by the Organizing Chairperson

Dear Friends and Colleagues,

Welcome to the First National Conference of Paediatric Palliative Care Malaysia (NCCPCM) 2020!

This conference is organised by the Malaysian Association of Paediatric Palliative Care (MAPPAC) in collaboration with the Ministry of Health, Malaysia.

It is the first national conference on Paediatric Palliative Care in Malaysia. This conference aims to promote a correct understanding of the Paediatric Palliative Care concept. We hope that it will provide broad learning opportunities for various parties interested in palliative care for children – ranging from practical knowledge, attitude and skills on essential symptoms management to psychosocial support.

The conference theme: “Supporting from the beginning”, is to remind all of us that palliative care support starts from diagnosis of life limiting disease for the children and their families. This support should extend from communication needs, symptom management, end of life care until death and bereavement support for family members.

The programme has been carefully planned to incorporate sharing from local and international experts in children’s palliative care, voices from volunteers and caregivers, as well as various categories of healthcare professionals. We aim to provide a balanced view of interprofessional collaborative practice in optimising the quality of life for children with life-limiting illnesses.

I want to take this opportunity to extend my gratitude to the conference organising committee and the Ministry of Health members who have been working tirelessly in ensuring the success of this conference. I also hope that the event will be memorable and enrich your current practice.

I look forward to meeting all of you personally at the First National Conference of Paediatric Palliative Care Malaysia 2020. We welcome you to join the Gala Dinner on the second day of the conference as we build networks with one another.

Yours sincerely,
Dr. Lee Chee Chan
Organizing Chairman
NCCPCM 2020
<table>
<thead>
<tr>
<th>Time</th>
<th>Session Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>0745-0830</td>
<td>Registration</td>
</tr>
<tr>
<td>0830-0915</td>
<td>Plenary 1Paediatric Palliative Care Milestones in Malaysia: An Overview - Datuk Dr Kuan Geok Lan</td>
</tr>
<tr>
<td>0915-1000</td>
<td>Plenary 2Malaysian National Palliative Care Strategy - Dr Richard Lim Boon Leong</td>
</tr>
<tr>
<td>1000-1030</td>
<td>Tea break</td>
</tr>
<tr>
<td>1030-1130</td>
<td>Speech by Main Conference SponsorWelcome address by Organizing Chairperson, Dr Lee Chee Chan, MAPPAC &amp; MOH MalaysiaKeynote address by YB Datuk Seri Dr Dzulkefly Ahmad, Minister of Health, MalaysiaOpening Ceremony &amp; Launching of National Handbook on Children’s Palliative CarePress conference</td>
</tr>
<tr>
<td>1130-1230</td>
<td>Plenary 32-step vs 3-step WHO Pain Ladder: Which one is better? - Dr Rever Chak-Ho Li</td>
</tr>
<tr>
<td>1230-1300</td>
<td>Poster viewing</td>
</tr>
<tr>
<td>1300-1400</td>
<td>Lunch symposium</td>
</tr>
<tr>
<td>1400-1425</td>
<td>Symposium 1ARecognising the need for palliative care at diagnosisChairperson: Dr Ch’ng Gaik Siew</td>
</tr>
<tr>
<td>1425-1450</td>
<td>Symposium 1BAssessment of pain in childrenChairperson: Dr Tan Chai Eng</td>
</tr>
<tr>
<td>1450-1515</td>
<td>Symposium 1CRefractory pain with opioids – what are our options?Chairperson: Dr Ng Su Fang</td>
</tr>
<tr>
<td>1515-1520</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td>1520-1550</td>
<td>Tea break</td>
</tr>
<tr>
<td>1550-1615</td>
<td>Symposium 2AHow I started PPC service in my hospitalChairperson: Dr Fahisham Taib</td>
</tr>
<tr>
<td>1615-1640</td>
<td>Symposium 2BActive listening skillsChairperson: Dr Loh Ee ChinParents of children with spinal muscular atrophyChairperson: Ms Yap Sook YeeParents of children with cancerChairperson: Dr Shukri Mohamed</td>
</tr>
<tr>
<td>1640-1705</td>
<td>Symposium 2CExperiences of volunteering in the hospitalChairperson: Ms Suriyati MahatParent of a child with chronic neurological impairmentChairperson: Ms Jasmine Teo</td>
</tr>
<tr>
<td>1705-1710</td>
<td>Q&amp;A</td>
</tr>
<tr>
<td>Time</td>
<td>Event</td>
</tr>
<tr>
<td>--------</td>
<td>----------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| 0745-0830 | Meet the experts  
Dr Chong Poh Heng (PPC and home care)  
Ms Queenie Luk (Psychosocial care)  
Dr Rever Chak Ho Li (Symptom management) |
| 0830-0915 | Plenary 4  
Resources and funding for paediatric palliative care service - Dr Chong Poh Heng |
| 0915-1000 | Plenary 5  
Challenges and solutions for children with PPC needs from underserved communities – Ms Queenie Luk |
| 1000-1020 | Tea break |
| 1020-1045 | Symposium 3A  
Symptom management in specific situations  
Chairperson: Datuk Dr Kuan Geok Lan  
Symposium 3B  
Transition care  
Chairperson: Dr Sitti Sulhoon Mohamed  
Symposium 3C  
Family integrity  
Chairperson: Dr Lim Voon Lee |
| 1045-1110 | Care for children with severe neurological impairment  
Dr Khoo Teik Beng  
Transition from child to adult services  
Dr Aaron Hiew Wi Han  
Managing symptoms of children with cancer  
Dr Rever Li  
Transition from hospital to home  
Dr Teoh Yen Lin  
Managing symptoms for children with renal failure  
Dr Susan Pee  
Home extubation – preparation, challenges and practicality  
Dr Ng Su Fang  
Challenges and coping mechanism for caregivers of children with metabolic and genetic disorders  
Dr Ch’ng Gaik Siew |
| 1110-1135 | Q&A |
| 1140-1220 | Ethical Issues Debate  
Chair: Dr Tan Ru Wei  
Oral Presentation  
Chair: Dr Felicia Chang |
| 1220-1300 | Lunch symposium / Poster judging |
| 1300-1430 | Friday prayers / Poster judging |
| 1430-1455 | Symposium 4A  
Communication skills in PPC  
Chairperson: Dr Fahisham Taib  
Symposium 4B  
Expressive therapy in PPC  
Chairperson: Dr Yang Wai Wai  
Activity Room  
Communication through art  
Mr Raymous Wong Choon Yong  
Creative drama intervention  
Dr Sujatha Doraimanickam |
| 1455-1520 | Support parents after breaking bad news  
Ms Serene Wong  
Communication through play therapy  
Mr Chris Ng |
| 1520-1545 | Talking to children about death and dying  
Ms Serene Wong  
Communication through music  
Ms Joanne Lau  
Occupational therapy  
Physiotherapy  
Art therapy  
Music therapy  
Play therapy |
| 1610-1700 | Tea break, poster viewing |
| 1930-2200 | Gala dinner |
Do join us for the NCCPCM 2020 Gala dinner

26th June 2020

SWISS-GARDEN

Launching of the National Handbook of Children’s Palliative Care Malaysia

by

Minister of Health

YB Datuk Seri Dr Dzulkefly Ahmad

This handbook is written to guide healthcare workers on practical management of children’s palliative care to meet the needs for PPC management in the hospital and community.
Conference Speakers

Plenary speakers

Datuk Dr Kuan Geok Lan
Clinical Associate Professor,
Dept of Paediatrics,
International Medical
University (IMU),
Malaysia

Dr Richard Lim Boon Leong
Head of Department of
Palliative Medicine,
Hospital Selayang,
Ministry of Health (MOH),
Malaysia.

Ms Queenie Luk
Assistant Professional
Services Manager,
Children’s Palliative Care
Foundation,
Hong Kong

Dr Chong Lee Ai
Consultant of Pain and
Palliative Care Unit,
Dept of Paediatrics
Universiti Malaya (UM),
Malaysia

Dr Lim Voon Lee
Paediatrician
Hospital Pulau
Pinang, MOH

Dr Lee Chee Chan
Paediatric Palliative
Paediatrician,
WCHKL, MOH

Dr Sitti Sulhoon
Mohamed
Paediatrician,
WCHKL, MOH

Dr Loh Ee Chin
Consultant palliative physician
Dept of Medicine
Universiti Malaya (UM), Malaysia

Ms Lim Kar Gee
Music Therapist
Malaysian Music Therapy
Association

Mr Brandon Ho
Certified hypnotherapist
Association of
Hypnotherapy
Practitioners Malaysia

Assoc Prof Dr Zubaidah Jamil
Clinical Psychologist
CUCMS, Malaysia

Dr Fahisham Taib
Paediatric Palliative
Paediatrician
Dept of Paediatrics
Universiti Sains Malaysia

Ms Serene Wong
Palliative Nurse,
HCA Hospice Care,
Singapore

Ms Pat Chin
Volunteer – Home
Companion
MAPPAC

Ms Jasmine Teo
Volunteer – Fundraising
MAPPAC

Ms Esther Leong
Volunteer
Childhood Cancer
Caring Society of KL
(CARES) Malaysia

Ms Yap Sook Yee
Co-founder
WeCare Journey

Dr Rever Chak-Ho Li
Consultant Paediatrician,
Dept of Paediatrics and
Adolescent Medicine,
Tuen Mun Hospital,
Hong Kong

Dr Chong Poh Heng
Medical Director,
HCA Hospice Care,
Singapore
Local and international speakers, including various healthcare professionals who contribute to comprehensive management approach for children with palliative care needs.

Learn about, learn with and learn from each other!
Research on children’s palliative care is still greatly needed to further develop new knowledge and identify new strategies that are suitable for the local and regional context. We would like to welcome submission for free paper presentation in NCCPCM 2020.

Submissions on paediatric palliative care (from general to specialist palliative care) are welcome on any of the following themes:

- Paediatric palliative care services in hospital
- Pain and symptom management, including non-pharmacological therapies
- Psychosocial and spiritual care, including grief and bereavement
- Improving awareness among healthcare professionals and caregivers about supportive care for children
- Transitional care from hospital to home
- Community paediatric palliative care service
- Quality of life of caregivers and children with palliative care needs
- Ethical issues in managing children requiring supportive care

Audits of current services and case reports with learning value(s) pertaining to children’s palliative care are welcome.

The abstracts should be original and have not been presented in other conferences or published in another journal before.

The best abstracts will be selected for oral presentation.

Successful authors of abstracts will be notified by email by April 2020. The format for poster or oral presentation will be informed in April 2020. There will be prizes for the best paper for oral presentation and posters.

<table>
<thead>
<tr>
<th>Category</th>
<th>1st prize</th>
<th>2nd prize</th>
<th>3rd prize</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral presentation</td>
<td>RM800</td>
<td>RM500</td>
<td>RM300</td>
</tr>
<tr>
<td>Poster presentation</td>
<td>RM500</td>
<td>RM300</td>
<td>RM200</td>
</tr>
</tbody>
</table>

Closing date for abstract submission
1st March 2020
<table>
<thead>
<tr>
<th>Participant category</th>
<th>Early bird registration fees (until 30th March 2020)</th>
<th>Normal registration fees (31st March 2020 onwards)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Specialists</td>
<td>RM500</td>
<td>RM550</td>
</tr>
<tr>
<td>Medical Officers</td>
<td>RM450</td>
<td>RM500</td>
</tr>
<tr>
<td>Allied health professionals</td>
<td>RM350</td>
<td>RM400</td>
</tr>
<tr>
<td>Volunteers / caregivers / undergraduate students</td>
<td>RM250</td>
<td>RM300</td>
</tr>
<tr>
<td>International participants</td>
<td>USD150</td>
<td>USD200</td>
</tr>
</tbody>
</table>

Special rate for MAPPAC members.. Discount RM50 for early bird registration only! Sign up now! [www.mappac.org](http://www.mappac.org)

**Bursaries / scholarships open for application**

Bursaries / scholarships for partial / full registration fees are available for application. Those interested are required to write in to nccpcm2020@gmail.com to apply, with the following:

- topic of the abstract(s) submitted for free paper presentation (oral presentation / poster presentation)
- a short essay of **not more than 500 words** on why they should be awarded the bursary / scholarship.

Due date for application is on **1st May 2020**.

Visit our conference website for more details

Contact us at:
016- 223 1357 (Pat Chin, MAPPAC)
Email: [nccpcm2020@gmail.com](mailto:nccpcm2020@gmail.com)